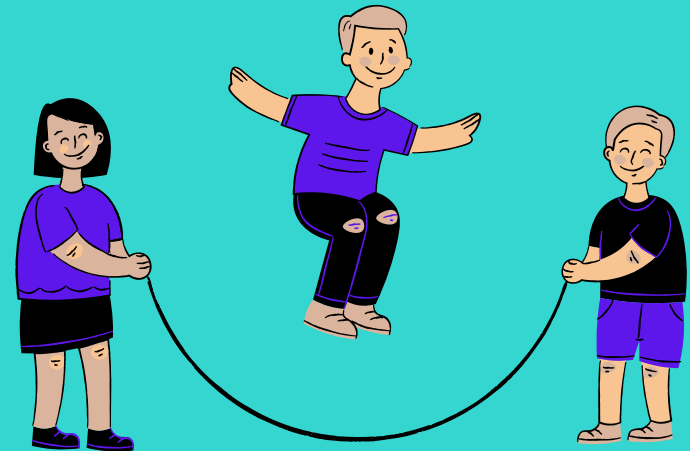
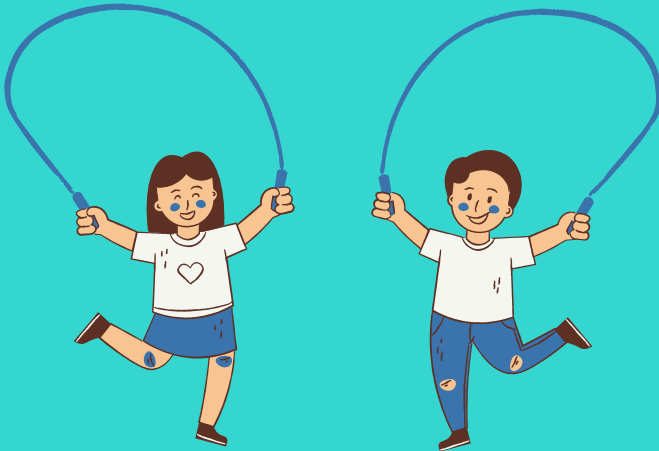


Super English

Level 5 - Unit 2
Sports - Lesson 1





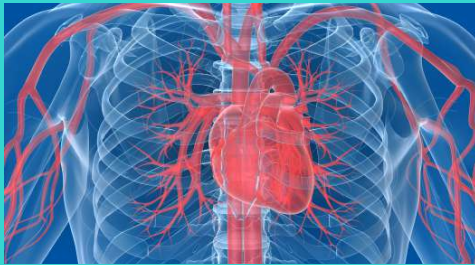
Vocabulary



Sports - Vocabulary



organ: a part of a person's body that performs a special job. (noun)



The human body has 78 different **organs** such as the heart and lungs. The skin is the largest **organ**.

Sports - Vocabulary



lungs: a pair of organs in the chest that supply the body with oxygen. (noun)



We breathe air in through our mouths and down into our **lungs**.

Sports - Vocabulary



heart: the organ in your chest that sends the blood around your body. (noun)

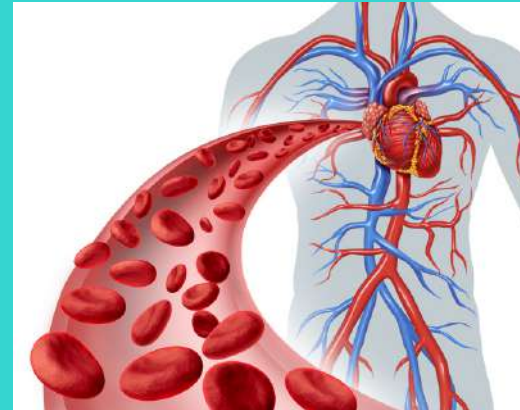
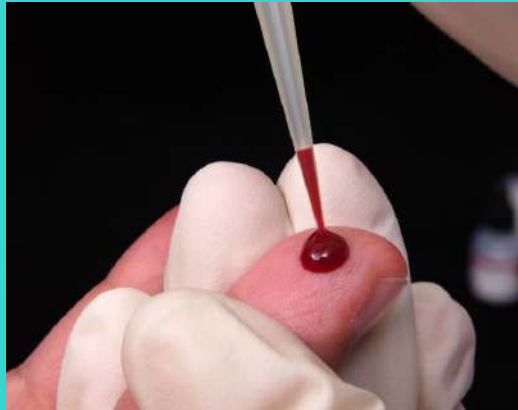


He exercises a lot, so he has a really strong **heart**.

Sports - Vocabulary



blood: the red liquid that is sent around the body by the heart. (noun)



He cut his finger and **blood** started to come out.

Sports - Vocabulary

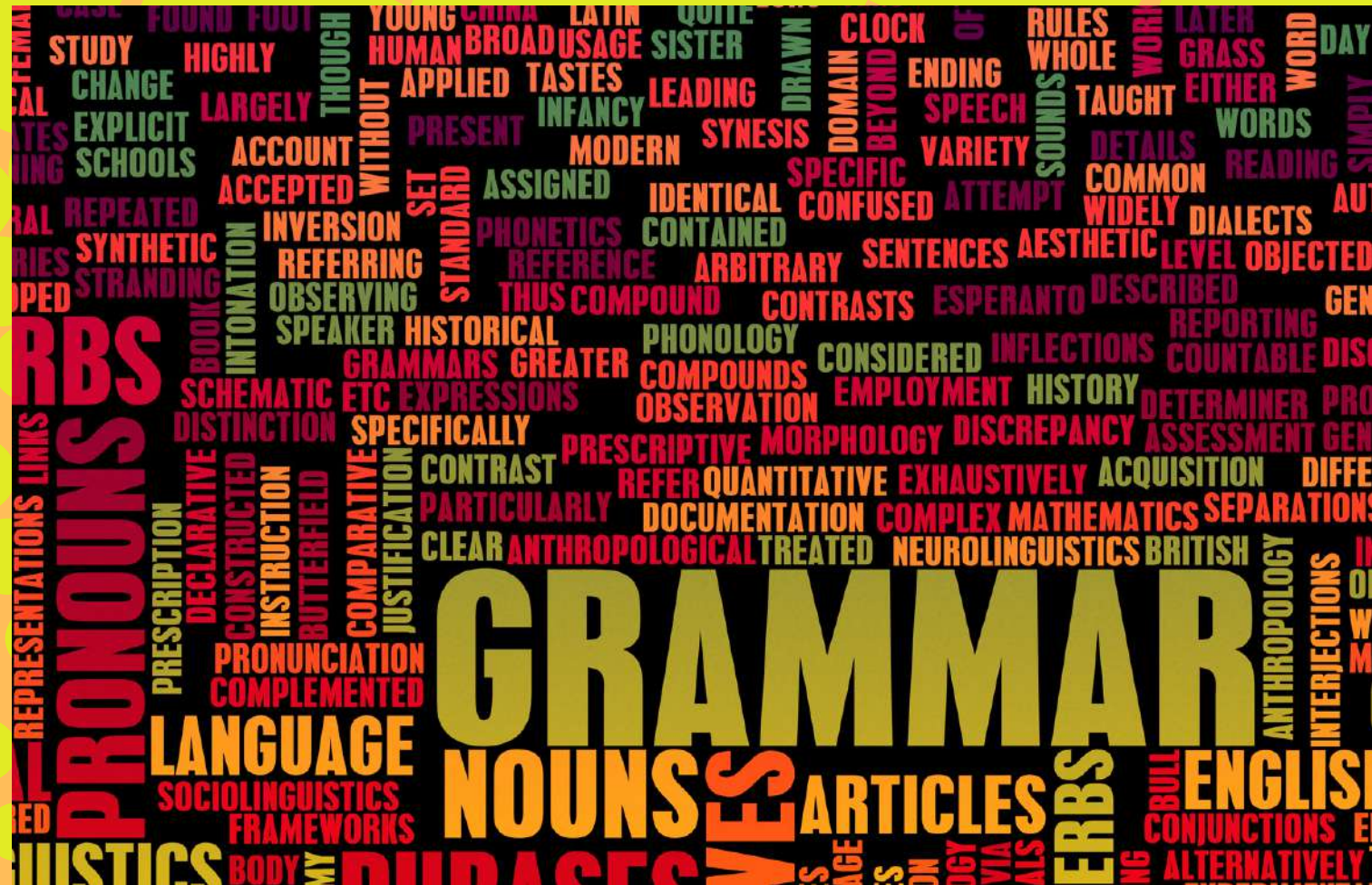


brain: the organ inside the head that controls thought, memory, feelings, and activity. (noun)



Marie has an amazing **brain**, she is very intelligent.

Let's do Grammar!



Phrasal Verbs

Sometimes we use more than one word to form a verb.
These are **phrasal verbs** or **multiverbs**.

hand in



The student hands in
her homework.

look up



He is going to look up
some information.

Phrasal Verbs

Sometimes we use more than one word to form a verb.
These are **phrasal verbs** or **multiverbs**.

check out



They came to check
out the new gym.

put on



The doctor needs to
put on gloves.



Let's
Read!



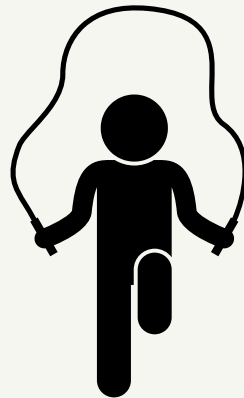
Jump Rope for Heart

Alisa was excited to go to school today. All the students in her school have been practicing how to jump rope all year. Today they are going to have a big event to show the parents everything they have learned. Alisa has learned that jumping rope is an excellent exercise for your heart and lungs. A healthy body also means a healthy brain, so it's important to exercise if you want to do your best in school. Today they will have many different jump rope events. Alisa will perform with her jump rope team, which has four students.



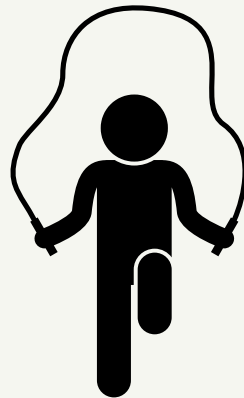
Jump Rope for Heart

Alisa's friend Jimmy is going to compete in a jump rope relay race. There are four people on each team. Each person on the team has to jump rope 30 meters and then jump rope back to the start. They will hand the rope to the next person who will do the same. The first team to finish is the winner. Alisa hopes Jimmy's team will win!



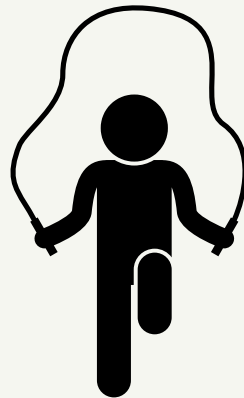
Jump Rope for Heart

Alisa has another friend named Jimmy, so they call him Jimmy W. Jimmy W's team is really good! They play music and do dance tricks while jumping rope. Jimmy W is really excited to show off all the moves he and his team have been practicing. The teachers will judge and decide which team is the best. Alisa hopes Jimmy W's team will win also!



Jump Rope for Heart

Alisa is on a team with Marcia, Anna, and Zoe. Their team will be doing Double Dutch. Double Dutch can be very exciting. It's played by having two jump ropes turning at the same time in opposite directions. It has two jumpers and two turners. Sometimes, this is done with the jumpers saying a rhyme or chant. Alisa will jump first and chant "I like coffee, I like tea, I'd like Marcia to jump with me!" Then, Marcia will join her. It will be fun!



Phonics!

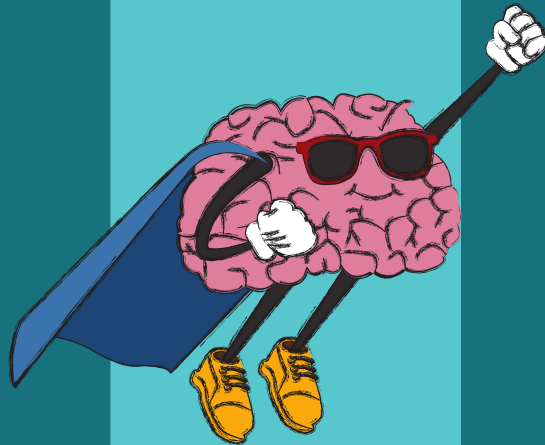


Phonics

eigh and ey sometimes make the **long A** sound

eigh

sleigh
neigh
freight
weigh
neighbor
weight



ey

grey
fey
trey
whey
obey
hey

Super English

See you
Next time!

