



Name: _____

Date: _____

Farming - Lesson 1

tank
produce
milk

bones
containers
sick

calcium
plant
Goat's

holsteins
farmers
countries

cheese
machines

Dairy _____ raise cows so that they can get their _____. Most dairy foods are made from cow's milk and have _____ in them. Calcium makes your teeth and _____ hard and strong. Some cow's milk is sold as milk or cream. The rest is made into foods like cheese and yogurt. Some people can't eat foods made from cow's milk. It makes them _____. They eat dairy foods made from soymilk. Dairy cows start the day with breakfast in the barn while the farmers milk them with milking _____. After that, they go back into the field.

The cows spend all day in the field eating grass and hay. This makes the milk taste better. Cows _____ a lot of milk. The black and white cows called _____ make the most milk. The cows go back into the barn in the afternoon for a second milking. The milk is stored in a cold _____ and then sent to a processing _____ by truck. The milk is put in _____ or made into other food and then sent to the stores.

Not all milk comes from cows. _____ milk has a lot of calcium and is very creamy. Sheep's milk is made into _____, ice cream, and yogurt. People in India drink water buffalo milk. Reindeer live in colder _____, and people will drink their milk. Yaks make milk too! People in Tibet drink yak's milk.