

Super English



Unit 12 - Lesson 1 - Global Cuisine

Vocabulary



Cuisine - Vocabulary



cuisine: a style or method of cooking, especially as characteristic of a particular country, region (n)



Italian **cuisine** is known for its simplicity and use of fresh ingredients.

Cuisine - Vocabulary



culinary: of or related to cooking or the kitchen (adj)

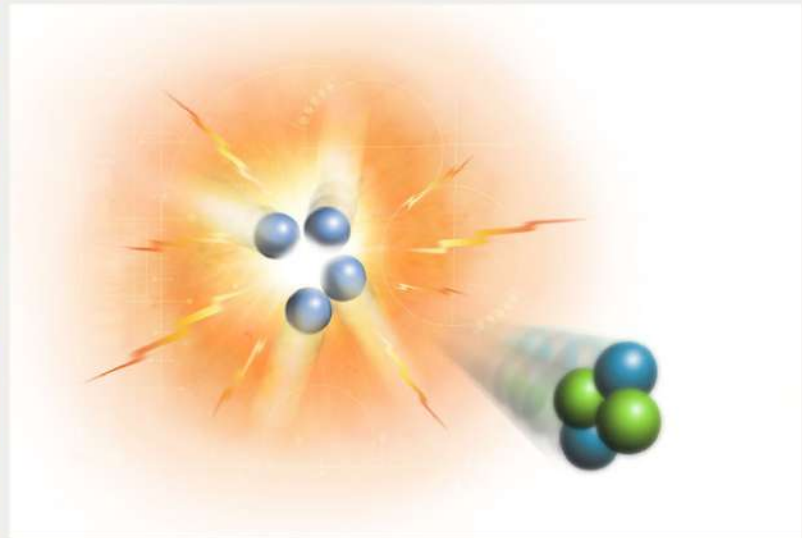


She has a passion for **culinary** arts and loves to experiment with different recipes.

Cuisine - Vocabulary



fusion: the process or result of joining two or more things together to form a single entity (n)



The restaurant specializes in Mexican-Asian **fusion**, with dishes like sushi tacos on the menu.

Cuisine - Vocabulary



palate: a person's ability to taste and judge good food and wine (n)



Training your **palate** to appreciate different flavors can enhance your culinary experiences.

Let's Read!



The History and Evolution of Global Cuisine



If you're someone who loves both food and travel, then welcome to a journey like no other! Today, we are going to embark on a delicious adventure into the history and evolution of global cuisine.

In every corner of the world, from bustling city streets to quiet village homes, the kitchen has always been a hub of life, a meeting point for families and friends. Culinary traditions have been an integral part of human culture since the dawn of time, shaping and defining societies through the ages.



The History and Evolution of Global Cuisine



The art of **gastronomy**, or the practice of choosing, cooking, and eating good food, began as a survival necessity and has evolved into a form of expression, an art in itself. In Ancient Greece, for example, the philosopher Epicurus promoted the idea of pleasure as the highest good, and what could be more pleasurable than a good meal? Gastronomy in the middle ages became a social event, with elaborate feasts and festivals, displaying the grandeur of courts and nobility.

The History and Evolution of Global Cuisine

As explorers started sailing around the world, they not only discovered new lands but also a myriad of new flavors. They brought back new foods and spices that revolutionized the culinary scene in their home countries. This was the beginning of what we now refer to as fusion cuisine, the blending of culinary worlds to create new, mouth-watering dishes. A quintessential example of this is spaghetti bolognese (boh-luh-NEEZ), an Italian dish that was influenced by meat-based dishes from Bologna (boh-LOAN-ya) but became widely popular with the addition of New World foods like tomatoes.



The History and Evolution of Global Cuisine



The story of global cuisine doesn't stop at fusion. It's also about the evolution of food itself. Sushi used to be a strange, exotic food to Western **palates**. Now, it's a regular feature at parties, and even kids' lunchboxes. Then there's the growing popularity of vegetarian and vegan food, as more people become conscious of their health and the environment.



The History and Evolution of Global Cuisine



Today's gastronomy is a melting pot of traditions and innovations. It's about mixing and matching flavors and textures to create dishes that are a feast for the senses. From the tangy spice of Indian curries to the delicate balance of flavors in Japanese sushi, the world of cuisine is a testament to human creativity and cultural exchange.

The History and Evolution of Global Cuisine



To appreciate the journey of food is to acknowledge the countless hands that have stirred the pots and pans throughout history and the millions of mouths that have savored each bite. It's about the shared experiences, the stories told around the dinner table, and the comfort of a home-cooked meal.

So, next time you're sitting down to a meal, take a moment to appreciate the culinary journey your food has made to get to your plate. Who knows, you might just be eating a piece of history!



Grammar





Passive vs. Active Voice

In English, we can write and speak in the **active or passive voice**. Active voice is used more often, but knowing how to use both is important.

Active voice - the subject **performs** the action.

Subject + Verb + Object

The chef (**subject**) cooked (**verb**) the meal (**object**).

The subject of the sentence acted on the object.

Passive voice - the subject **receives** the action.

Subject + Be Verb + Past Participle + (by + Agent)

The meal (**sub**) was cooked (**be + past participle**) by the chef (**agent**).

(The subject received the action.)

Phonics!





Prefix "sub"

The prefix **sub** means "**below**" or "**under**."

Subconscious: The part of the mind below the level of conscious perception.

Subtitle: Secondary or explanatory title (below the title).

Substandard: Below the usual or required standard.

Subzero: Below zero degrees in temperature.

Super English

See you
Next time!

