

Super English



Unit 8 - Lesson 1 - Emotions

Vocabulary



Emotions - Vocabulary



emotion: a strong feeling such as happiness, anger, and sadness (n)

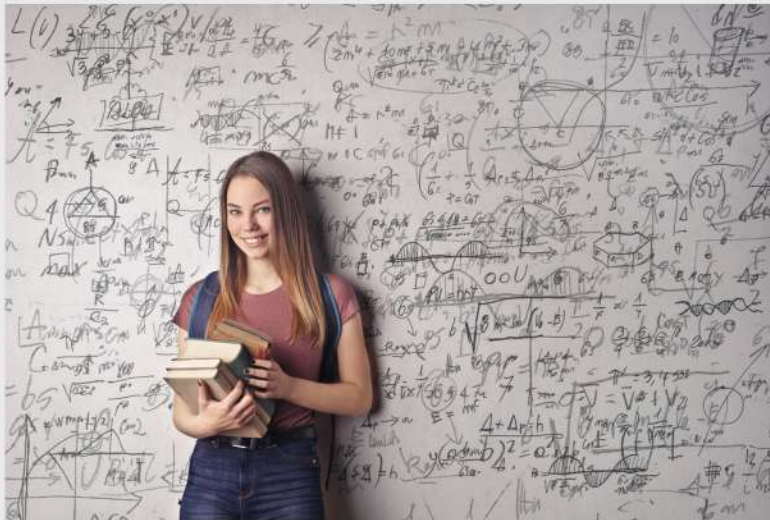


We feel many different **emotions** in life, but hopefully, we feel a lot of happiness.

Emotions - Vocabulary



complex: difficult to understand because of having many different parts or factors (adj)



Flying a large airplane is very **complex** because it has many different parts to learn.

Emotions - Vocabulary



judgment: thinking carefully about something or someone before deciding or forming an opinion (n)



It is important to use good **judgment** with serious decisions.

Emotions - Vocabulary



hormone: chemicals the body makes that control growth, emotions, energy, and mood (n)



Our body releases **hormones** that affect how we think and feel about things.

Reading



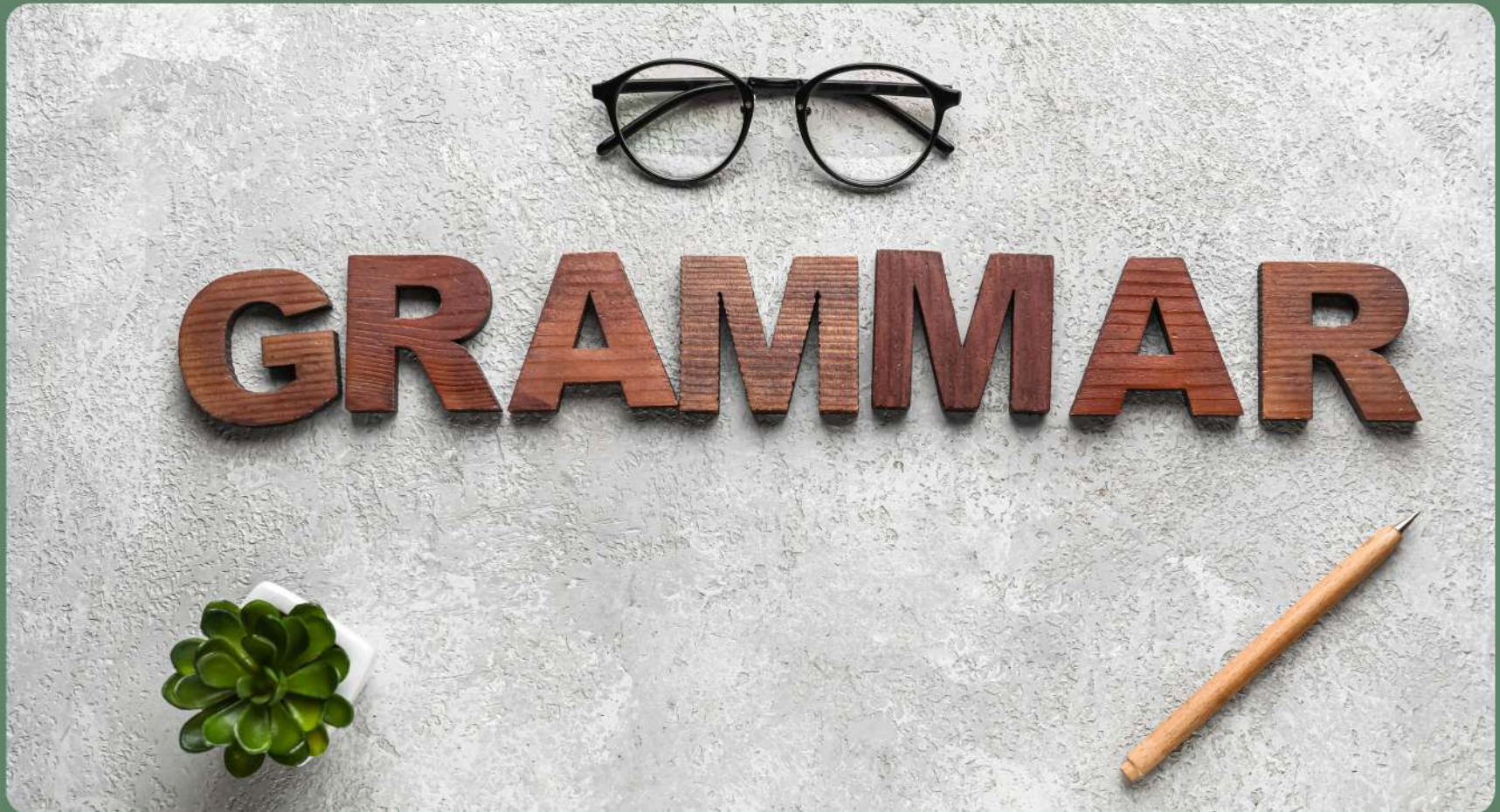
Why Do We Get Angry?

Anger is a complex emotion that everyone feels sometimes. Have you ever gotten so mad you wanted to yell or throw something? Maybe your brother ate your snack, your friend lost your favorite book, or your parent said you couldn't go outside. We all experience anger—it's just one of the many emotions we feel every day. But have you ever wondered why we actually get angry in the first place? Let's look at what's happening inside our bodies.



1. What is anger described as in the text?
2. What makes you feel angry sometimes?
3. How do you usually act when you're angry?

Grammar



Both/Both of

We use **both** when talking about two things or people together.

We use **both of** when using a determiner (e.g., those, the, her, his) + plural noun, or before an object pronoun.

Both tigers and lions are big cats.



Both of those dogs are cute.



Let's Talk!





Dialogue - Emotions

Role play with your teacher!

Chris: Hi Ron, is something wrong?

Ron: Yes, I am really angry because my friend broke my bike.

Chris: Did he do it on purpose, or was it an accident?

Ron: I think it was an accident, but he didn't say sorry.

Chris: Are you going to be ok?

Ron: Well, I feel a little better talking about it.

Chris: Yes, it's always best to take a little time to calm down.

Ron: Maybe I will do some exercises and then talk to him again.

Unlocking Word Parts



Consonant-le

A consonant-le syllable is a final syllable with one consonant followed by l and silent e. It always occurs at the end of the word.

cle

cycle
uncle
circle
vehicle
miracle
tentacle



ble

humble
crumble
marble
tremble
gabble
jumble

See you next time!



